

FISH TACOS WITH PINEAPPLE AND PICO DE GALLO

Prep + cook time: 25min Serves: 4

Ingredients

4 medium vine tomatoes, cored and scored with an 'x' on their undersides

1/2 small pineapple, peeled, cored, and diced

1 lime, juiced

2 dashes Tabasco

4 tbsp olive oil, divided, plus extra for brushing

600 g fresh skinless grouper or halibut fillet, pin-boned 4 medium flour tortillas 1 jalapeño chilli, seeded and sliced 15 g l ½ cup coriander, torn salt freshly ground black pepper

- 1. Preheat a gas or charcoal barbecue to a moderately hot temperature, about 400°F; if using coals, wait until they turn white-hot.
- 2. Meanwhile, blanch the tomatoes in a large saucepan of boiling water for 20 seconds. Drain and refresh in a bowl of iced water. Peel the skins and discard; roughly dice the flesh and place in a bowl.
- 3. Add the pineapple, lime juice, Tabasco, 2 tbsp olive oil, 1/4 tsp salt, and 1/4 tsp black pepper to the bowl with the tomato; stir to combine the pice de gallo. Set aside.
 - 4. Drizzle the fish with the remaining 2 tbsp olive oil; season with salt and pepper.
- 5. When the barbecue is ready, brush the grates with some olive oil.

 Place the fish on the barbecue and grill, carefully turning once, until opaque and lightly charred all over, 3-4 minutes.
 - 6. Remove from the barbecue and roughly flake with a fork.

 Loosely cover with aluminium foil.
 - 7. If desired, gently warm the tortillas on the barbecue, turning a few times, 20-30 seconds.
 - 8. To serve, top the tortillas with the flaked fish, pico de gallo, jalapeño, and coriander.